

Neurodevelopmental Support Team (NEST): ADHD offer for selected secondary schools

We will be offering tailored support to three secondary schools with a focus on ADHD and related attention differences. This support can be used to build neuro-affirming practice within settings, upskill staff and offer support to families. Some casework with individual children will also be available. Please see the next page for the range of support that schools could access.

How are you selecting secondary schools?

- We are asking schools to nominate themselves if they feel able to commit to, and make good use of, the support on offer.
- We will select one school in the west, one in the mid and one in the east of the county. The three schools will be from different MATs (or maintained).

What commitment is involved from selected schools?

- Be open to, and actively implement, neuro-affirming approaches within policies and everyday practice.
- Be willing to review school policies with an ADHD lens.
- Facilitate whole-staff training and smaller group training as agreed throughout the year.
- Ensure buy-in across the staff team, with a named contact in the senior leadership team.
- Take part in feedback and data collection activities (this will help us with evaluation of, and future funding for, these roles).

I'm interested, what next?

- Email lucy.yeomans@cornwall.gov.uk before the end of term (23rd July) expressing your interest.
- Make it clear which MAT you are part of (or if you are a maintained school).
- Include a named contact within the senior leadership team who has read and agreed to the expected commitment listed above.
- Please provide a brief summary of your current practice and specific needs/challenges relating to ADHD (please do not include any identifiable information about individuals).

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY
Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



What support could we access?

Support will be bespoke based on the individual needs of your setting, however the offer could include:

Training

- Whole-staff training on ADHD to promote understanding and consistent practice.
- Focused training for particular groups, e.g. teachers, learning support staff, specific subject areas – this will depend on your school's particular needs and challenges.

School Development Discussions

- Strategic discussions with leaders and SEN staff.
- Focuses on whole-school development and embedding neuro-affirming practice.
- Includes consideration of policies, systems, and school culture.
- Provides space for discussion of group or cohort-level considerations.
- Provides an opportunity for staff questions or concerns related to ADHD and wider neurodivergence.

Family Cafes

- Informal sessions to support parents and carers.
- Focuses on understanding ADHD, sharing strategies, and building confidence.

Group Work

- Sessions for an identified group of children with ADHD (or similar presentations), typically run for half a term and led by a member of our team. The specific focus of these sessions can be agreed depending on the needs and challenges of the group.

Staff Surgeries

- Structured conversations to discuss questions around ADHD and anonymous discussions regarding strategies for young people.

Consultations

- An initial conversation about a specific child, with or without a confirmed diagnosis (but with presenting needs in line with ADHD).
- May include a parent or carer as well as a key member of school staff. The child may want to attend or ask questions.
- There is no written report. Any notes are written and held by the school.

Referrals

- Individual support for a specific child, with signed consent from parents and children age 13+.
- Includes an initial meeting to agree goals and agreed actions and support. May include 1:1 casework and attendance at multi-agency meetings where appropriate.
- Includes a follow-up review to evaluate progress and discuss any further adaptations needed.
- Written reports are usually provided after the initial meeting and review meetings.